

# Mighty Minds Workshops for High School (Years 7 to 12)

We tailor each workshop to your specific requirements.



Our workshops cover key areas of high school learning:

Critical thinking

Effective learning

Mindset

Problem-solving

Writing for success

## How to Succeed in High School Workshops

- ✓ Valuing education
- ✓ What type of learner are you?
- ✓ Motivation to put maximum effort into your learning
- ✓ Putting things into perspective
- ✓ Wellbeing and emotional intelligence
- ✓ Mindfulness
- ✓ Positive friendships and study networks – benefits of studying in groups
- ✓ Self-investment: creating your study space and developing positive study habits
- ✓ Knowing yourself
- ✓ Introduction to Wheel of Success
- ✓ Growth mindset
- ✓ Goal-setting and personal responsibility for learning
- ✓ Time management (study timetables, a day in my life, perils of procrastination)
- ✓ Preparation timeline (for example, what students should be doing a month out from an exam, a week out from the exam, the day before and the morning of)
- ✓ Reflection on goals and progress
- ✓ Asking the right questions
- ✓ Active learning methods (for example, memorising, how to note-take effectively, how to revise)
- ✓ Cognitive Skill activities

## Workshop bookings:

To arrange workshops for your school, please call us on (07) 5689 1086 or email [courses@mightyminds.com.au](mailto:courses@mightyminds.com.au)

More information: [mightyminds.com.au/workshops/students](https://mightyminds.com.au/workshops/students)

## Problem-solving/Critical Thinking Workshops

- ✓ Improving the scope and depth of your response
- ✓ Understanding Cognitive Skills
- ✓ Tips for writing an extended response
- ✓ Writing under exam pressure

## Writing for Success Workshops

- ✓ Importance of writing in the new system
- ✓ Tips for improving writing
- ✓ Basic writing skills (fundamental literacy, punctuation and grammar, etc)
- ✓ Idea generation:
  - Creative ways to brainstorm
  - Responding to a stimulus
- ✓ Planning:
  - Audience
  - Genre
  - Text structure
  - Mind maps
- ✓ Drafting:
  - Organising research
  - Text structure and extended PEEL paragraphs
  - Writing introductions and conclusions
  - Exciting sentence starters
  - Essay deconstruction and improvement
  - Language features
  - Cohesion and clarity
  - Vocabulary
  - Referencing
- ✓ Editing and proofreading:
  - Five steps to improve your proofreading
  - Grammar, spelling and punctuation
  - Redundant and ambiguous expression
  - Editing checklist
  - Identification of errors in an essay
- ✓ Open writing session – students put the steps into practice by responding to a stimulus and peer-marking.

